

## DESCRIPTION OF ACTIVITIES (Cont)

### Tennis Tactics (Full Tennis Only)

Having a good tactical understanding of tennis will give you the best chance of winning matches. Learn about patterns of play, shot selection and match planning with fun games and drills.

Cost: members £10 per session / non-members £12 per session

### Match Play Mornings (Full Tennis Only)

Lots of match play analysis with a more tactical approach for players who are able to play competitive tennis.

Cost: members £10 per session / non-members £12 per session

### Effective Doubles Play (Full Tennis Only)

Learn about all the different doubles formations, tactics and how to best communicate with your partners.

Cost: members £10 per session / non-members £12 per session

### Serve and Return Clinic (Full Tennis Only)

Technical analysis with emphasis on power, control and spin. A vital session for those who would like to improve the 2 most important shots in the game!

Cost: members £10 per session / non-members £12 per session.

### Tennis Afternoons (Full Tennis Only)

Lots of technical shot analysis for players of all ages and abilities who are able to play full tennis.

Cost: members £10 per session / non-members £12 per session

### Video Clinic (Full Tennis Only)

Ever wanted to know what you looked like when playing on court. Well this is your opportunity to see how you compare with the pros. All shots will be covered highlighting the various shapes of shot and the areas which need further technical attention.

Cost: members £10 per session / non-members £12 per session.

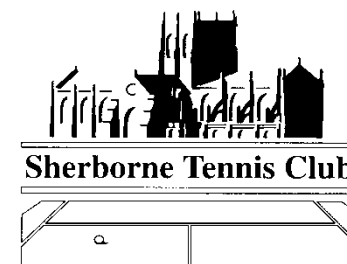
### Tournament Afternoon (Full Tennis Only)

Put everything you have learnt in the week into practise while playing matches. Guidance will be given for tournament preparation and the correct mental approach towards playing each match

Cost: members £10 per session / non-members £12 per session

**SPECIAL OFFER** – link any of the above full tennis morning sessions with an afternoon session on the same day (bring a packed lunch) :  
Each full day - members £18 / non-members £20.

We look forward to seeing you on court



# Holiday Coaching Easter 2012

**An Exciting Easter Holiday Programme.  
Look Out for New Sports & Games at  
Sherborne Tennis Club open to Members  
and Non-Members**



The Easter holidays are here! Why not try your hand at a mini-tennis level above the one that you have been playing. Or for all you match enthusiasts out there some **tactical match play courses** or the **serve and return clinic**. Also watch out for our **MULTI-SPORT ACTIVITY CAMP** which lasts the whole week. Tailor your week so suite you availability (see timetables).

**SPECIAL OFFER £70(Member) for a 4 day**

**Multisport week £90 (Non Member)**

**NOW EVEN FURTHER FULL DAY DISCOUNTS!**

See inside for further details

# TIMETABLE OF ACTIVITIES

**Week 1** The following two tables list all the activities.

Date	Morning	Afternoon
Monday 2 <sup>nd</sup> April	MULTI SPORT ACTIVITY CAMP (Football, Quick Cricket, Touch Rugby, Uni-Hock, Tennis, Manhunt, Basketball) (9-12 noon then lunch)	MULTI SPORT ACTIVITY CAMP (continued) (1-3 p.m.)  ADVANCED TENNIS (3.30-5.30 p.m.)
Tuesday 3 <sup>rd</sup> April	MULTI SPORT ACTIVITY CAMP (9-12 noon then lunch)	MULTI SPORT ACTIVITY CAMP (continued) (1-3 p.m.)  ADVANCED TENNIS (3.30-5.30 p.m.)
Wednesday 4 <sup>th</sup> April	MULTI SPORT ACTIVITY CAMP (9-12 noon then lunch)	MULTI SPORT ACTIVITY CAMP (continued) (1-3 p.m.)  ADVANCED TENNIS (3.30-5.30 p.m.)
Thursday 5 <sup>th</sup> April	MULTI SPORT ACTIVITY CAMP (9-12 noon then lunch)	MULTI SPORT ACTIVITY CAMP (continued) (1-3 p.m.)  ADVANCED TENNIS (3.30-5.30 p.m.)

## DESCRIPTION OF ACTIVITIES

### MULTI SPORT ACTIVITY CAMP (all ages)

A fest of activity for 4 whole days from 9a.m. until 3 p.m.! Football, Quick Cricket, Touch Rugby, Uni-Hock, Tennis, Manhunt, Basketball. Lots of team competitions and prizes. Bring a packed lunch. (Sherborne Tennis Club). Cost: **Special Offer for the week** members £70 / non-members £80. If unable to attend for all four days then each day costs £20 (members) £25 (non-members)

### Advanced Tennis (Full Tennis Only)

This course is designed to cater for experienced junior players. Plenty of advanced drills and exercises as well as competitive play. Cost: members £14 per session / non-members £18 per session

**Week 2**

Date	Morning	Afternoon
Tuesday 10 <sup>th</sup> April	MINI TENNIS CAMP AM red/orange (10-12 noon.)  TENNIS TACTICS (10-12 noon.)	MINI TENNIS CAMP PM orange/green (1-3 p.m.)  TENNIS AFTERNOON (1-3 p.m.)
Wednesday 11 <sup>th</sup> April	MINI TENNIS CAMP AM red/orange (10-12 noon.)  TENNIS MATCH PLAY MORNING (10-12 noon.)	MINI TENNIS CAMP PM orange/green (1-3 p.m.)  SERVE AND RETURN CLINIC (1-3 p.m.)
Thursday 12 <sup>th</sup> April	MINI TENNIS CAMP AM red/orange (10-12 noon.)  EFFECTIVE DOUBLES PLAY (10-12 noon.)	MINI TENNIS CAMP PM orange/green (1-3 p.m.)  TENNIS AFTERNOON (1-3 p.m.)
Friday 13 <sup>th</sup> April	MINI TENNIS CAMP AM red/orange (10-12 noon.)  VIDEO CLINIC (10-12 noon.)	MINI TENNIS CAMP PM orange/green (1-3 p.m.)  TOURNAMENT AFTERNOON (1-3 p.m.)

### Mini Tennis Camp AM Red/Orange (For 5-9 year olds)

A course of 4 action packed mornings for those players already involved in mini tennis red and orange and those who would like to play up a level or are old enough to begin at this level. For mini orange players, stay on for the mini tennis camp in the afternoon and spend the whole day at the Club!

Cost: members £10 per session / non-members £12 per session

### Mini Tennis Camp PM Orange/Green (For 6-11 year olds)

A course of 4 action packed afternoons for those players already involved in mini tennis orange and green and those who would like to play up a level or are old enough to begin at this level. Cost: members £10 per session / non-members £12 per session

**SPECIAL OFFER – link any of the above full tennis morning sessions with an afternoon session on the same day (bring a packed lunch) : Each full day - members £18 / non-members £20.**

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## **BOOKING INSTRUCTIONS**

### **FOR ALL ACTIVITIES**

**PLEASE NOTE: FOR THE MEMBERSHIP DISCOUNTS YOU MUST HAVE RENEWED YOUR MEMBERSHIP OR ALREADY JOINED FOR THE 2012-13 MEMBERSHIP YEAR**

The booking form for all activities is overleaf. Complete it carefully and return it to us as soon as possible. Use the timetable to record the activities that you have booked.

JUNIORS WHO ARE PAID MINI OR FULL TENNIS MEMBERS OF SHERBORNE TENNIS CLUB FOR 2012-13 are those who are entitled to pay the members' fees for activities. Outside players and players in the coaching programme who are non-members must pay the non-members' fees.

Appropriate fees must be paid at the time of booking. Refunds can only be made in special circumstances or if cancelled places are refilled. If there are insufficient numbers for a class 2 days prior to it taking place, it may be cancelled and you will be notified and refunded.

In the case of rain, a decision on the weather will be made half an hour before an activity is due to start. We will do everything we can to ensure the courses go ahead, however, if you suspect a cancellation due to rain then it is your responsibility to phone us. For this purpose please make a note of the telephone numbers below.

Your places on the activities you book are considered confirmed unless you hear from us.

Please send your completed booking form to :-

Holiday Coaching  
Sherborne Tennis Club  
5 Barrow Hill  
Stourton Caundle  
Sturminster Newton  
Dorset DT10 2LD

Telephone: Matt - 07403025881 or Stu: 07825660781

Course numbers are limited so book early to avoid disappointment. We regret that phone bookings will not be booked as confirmed until payment has been received.

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